

Date: Tuesday, June 21

Time: 3:15 - 4:30 p.m.

2011 Legislative Updates

Lead Speaker: Loren Colman, Assistant Commissioner, Continuing Care Administration

Organization: Minnesota Department of Human Services, Continuing Care Administration

Additional Speakers: Jean Wood, Executive Director, Minnesota Board on Aging, Director, Aging & Adult Services; Alex Bartolic, Director, Disability Services Division; Bob Held, Director, Nursing Facility Rates and Policy; Bruce Hodek, Director, Deaf and Hard of Hearing Services

Description: This session will provide an overview of the 2011 legislative session and implications for the State's programs and services for persons with disabilities and older persons in Minnesota. The audience will receive basic information regarding legislative action and policy changes.

Audience Level: Basic

Room: Ballroom - A

Date: Tuesday, June 21

Time: 3:15 - 4:30 p.m.

Session Name: Federal Policy Implications for Dementia Care

Lead Speaker: Katie Maslow, MSW, scholar-in-residence

Organization: Institute of Medicine, Washington, DC

Description: Katie will address changes in health care reform that provide new opportunities to build relationships with the medical system in support of improving care for persons with dementing disorders.

Audience Level: Basic

Room: Ballroom - B

Date: Tuesday, June 21

Time: 3:15 - 4:30 p.m.

The Authorization and Payment of Minnesota Health Care Programs (MHCP) Specialized Supplies and Equipment under the Home and Community Based Waiver and Alternative Care (AC) Programs

Lead Speaker: Danielle Bean, Danielle Bean, Minnesota Health Care Programs Provider Relations Training and Communications - Lead

Organization: Minnesota Department of Human Services, Minnesota Health Care Programs (MHCP)

Additional Speakers: Libby Rossett-Brown Aging and Adult Services; Laurie Moore, Disability Services Division; Shannon Smith, Disability Services Division; Camille Miller, MA Medical Supply and Equipment Benefit Policy;

Description: The goals of the workshop are to help lead agency workers, providers and recipients enrolled with Minnesota Health Care Programs (MHCP) to understand:

- The authorization and payment process for equipment and supplies through both Medical Assistance and the Home and Community Based waiver and Alternative Care (AC) Programs
- The waiver policy for specialized supplies and equipment
- How to navigate through the DHS website to locate information and resources in both the Disability Services Programs Manual and Minnesota Health Care Programs Provider Manual.

Participants of the workshop will be in a computer lab environment and will be able to follow along online during the session.

Objective:

- Locate online resources and enrollment information.
- Understand enrollment processes and procedures.
- Review training resources available for waiver and alternate care program providers.

Audience Level: Basic

Room: Commons - Doubletree

Date: Tuesday, June 21

Time: 3:15 - 4:30 p.m.

Managing Care Transitions

Lead Speaker: Maureen Murray, Senior Manager, Health Services

Organization: South Country Health Alliance

Additional Speakers: Medica - Sally J. Irrgang and Gina Kaiser; UCare - Kelli Cannon-Johnson; Blue Cross Blue Shield of MN and Blue Plus - Melody Bialke; PrimeWest Health - Becki Pender; IMCare – Kathy Anderson and Brett Skyles

Description: Managed Care Organizations in Minnesota are working together to improve coordination across the continuum of care for members in order to promote seamless planned and unplanned care transitions i.e. discharge from the hospital to home, skilled nursing care, or home health care. Without coordination, such transitions often result in poor quality care and risks to patient safety. This session will address how to manage the process of care transitions, identify problems that could cause transitions, and where possible prevent unplanned transitions.

Objective:

- Learn methods that support clients/members through transitions.
- Learn how to identify clients/members at risk of a transition and how to work with them to minimize unplanned transitions.
- Review Minnesota Health Plan's MSHO and SNBC care transition processes and documentation requirements.

Audience Level: Intermediate - Working knowledge of the Minnesota's Managed Care Organization's care transition process and requirements.

Room: Elliott - A

Date: Tuesday, June 21

Time: 3:15 - 4:30 p.m.

Maximizing Medicare: Understanding the Medicare Revenue Enhancement Program

Lead Speaker: Rose Kline, Senior Project Consultant, MREP Coordinator

Organization: Minnesota Department of Human Services Benefit Recovery

Additional Speakers: Cheryl Newgren, MHCP Long-Term Care Provider Trainer, Minnesota Department of Human Services HCO Provider Relations

Description: This workshop will provide an overview and understanding of the Medicare Revenue Enhancement Program (MREP). The program is designed to help long-term care facilities and their dually eligible Minnesota Health Care Program recipients ensure Medicare coverage is properly used to its maximum. We will discuss Medicare skilled services, basic requirements of documentation and appeals. Participants will also benefit from learning how the program echoes important information to long-term care facilities through newsletters, online resources, and monthly webinars, promoting education and providing continuity within our business organizations.

Objective:

- Provide nursing facilities with knowledge of MREP.
- Learn how to communicate various topics through webinars, newsletters and other resources.

Audience Level: Basic

Room: Elliott - B

Date: Tuesday, June 21

Time: 3:15 - 4:30 p.m.

Ethics in Adult Protection: Risk vs. Self-Determination

Lead Speaker: Barb Doherty, MSW, LISW, Consultant on Aging and Adult Protection

Description: Adult Protection workers and case managers are frequently challenged when working with non-compliant clients: this session will cover five basic ethical decision points that occur. **WHO:** Is this a person without decision-making capacity? **WHAT:** Is this an intervention, protective services or case planning? **WHY:** State/County obligation to protect vulnerable adults. **WHERE:** Community based—usually in clients home. **WHEN:** Initiated by vulnerable adult report/change in client situation. This workshop will include case examples and an interactive discussion to allow participants opportunity to develop an ethical framework for their practice. Concepts of realistic safety planning using do no harm framework.

Objective:

- Describe the basic steps in forming an ethical basis for working with non-compliant clients.
- Evaluate their own framework for ethical practice.
- Distinguish between non-compliant and vulnerable clients.

Audience Level: Basic

Room: Legion - A

Date: Tuesday, June 21

Time: 3:15 - 4:30 p.m.

Real Estate Issues Affecting Seniors

Lead Speaker: Helene Shear Noyola, President

Organization: HBS Consulting, Inc.

Additional Speakers: Realtor Keller Williams Integrity Realty, Bonnie Clark; President Reverse Mortgage Counselors, Inc. Teresa Clasby; Financial Adviser Schneider Insurance

Description: The presentation will provide an overview of real estate issues affecting seniors' decision to stay in their home or to move.

Objective:

- Review the key factors: design, financial and health issues that are considered when a person is contemplating whether to stay in their home or move to another homeownership, to a market rate rental with or without services, or to a subsidized housing with or without services opportunity.
- Explain when a reverse mortgage loan might be an appropriate strategy for remaining in one's home or purchasing a home that is more accessible. Describe the different types of reverse mortgages, and how they work. Disclose the costs, the increasing balance of the loan, and the conditions that could make the loan due and payable.
- Discuss how a person's ability to live independently and to manage finances might change as he/she ages, and why it is important to plan ahead for these sudden or gradual changes. Review some common financial concerns, such as increasing healthcare costs, living on a fixed income, and whether to turn assets into income. Discuss the importance of sharing one's wishes and information with a trusted individual, and updating legal documents with an attorney.

Audience Level: Basic

Room: Legion - B

Date: Tuesday, June 21

Time: 3:15 - 4:30 p.m.

Working with Blind or Visually Impaired Long-term Care Residents

Lead Speaker: Ed Lecher, Outreach Coordinator

Organization: Minnesota State Services for the Blind

Description: Due to the large demand for low vision services from seniors living independently and due to budget cuts, State Services for the Blind (SSB) cannot always meet the demands of those seniors living in more restrictive environments. In 2010, SSB used stimulus (ARRA) dollars to create a professional staff training video designed to teach and assist long-term care staffs, home care providers, senior center staffs and human services professionals how to work effectively with blind residents. In our session, we will show the 30 minutes video, layout SSB's strategy to serve seniors despite budget cuts and take feedback on the process.

Audience Level: Basic

Room: Mayo - A

Date: Tuesday, June 21

Time: 3:15 - 4:30 p.m.

Age and the Workplace: a New Perspective

Lead Speaker: Mary Olsen Baker, Planner

Organization: Minnesota Department of Human Services, Aging & Adult Services

Additional Speakers: LaRhae Knatterud, Director of Transformation, Minnesota Department of Human Services

Description: Whether a baby-boomer or not, each individual - no matter age or ability - will require some accommodation some time during his/her career, or will seek to change careers, or will want something more out of "work." how do we support and encourage workers across the lifespan with these transitions? How do we make work- paid or unpaid - part of the plan? And why is this important? This presentation will include aging demographics and recent research that explores the myths and realities about aging workers. Presenters will challenge participants' assumptions about age in the workplace, and engage participants in discussion and role play activities.

Audience Level: Basic

Room: Mayo - B

Date: Tuesday, June 21

Time: 3:15 - 4:30 p.m.

Back to Work Initiative Improves Life for People with HIV

Lead Speaker: Debbie Griffith, Health Care Access Policy Specialist

Organization: Minnesota Department of Human Services - HIV/AIDS Unit

Description: Minnesota Department of Human Services (DHS) recognized the need for a program designed to provide employment readiness and personal growth support, which specifically addressed issues of HIV-positive individuals. DHS contracted with three non-profit agencies serving people with disabilities to create Education for Life (EFL). The collaboration integrates HIV education, mental health therapy, chemical health screening and housing assistance into a five-week, intensive job training and work-readiness program. EFL assists HIV-positive people considering re-entry into the workforce with the opportunity to explore their career options, understand their legal rights, cope with disclosure issues, address medication adherence issues, be informed on insurance options and update job skills.

Objective:

- Identify the key components of a job/education training program for HIV-positive clients.
- Explain demonstrated outcomes of a highly integrated job-training program that focuses on the psychosocial issues specific to the needs of the HIV-positive population.
- Describe and understand the process of individualized benefit analyses.

Audience Level: Basic

Room: McDonnell - A

Date: Tuesday, June 21

Time: 3:15 - 4:30 p.m.

Everyday Discriminations, Everyday Anti-Ableism: Fighting Oppression as Providers

Lead Speaker: Jay Wilson, MSW/Mdiv, Director of Diversity and Inclusion

Organization: Disability Advocate

Description: People with disabilities (including elders) encounter daily prejudice and discrimination. People who use disability services are likely to be treated without respect every day. Some of the ways that providers work limit the independence of people with disabilities more than is helpful. Many people with disabilities also encounter racism, the barriers of poverty, and other kinds of discrimination. As providers, what can we do to change this? Coming from disability community and movements that see all oppression as connected, learn about ways we can support consumers in fighting discrimination within our systems, and create space for consumers in our world. Hear from Minnesota movements seeking change, see ways to make a difference every day, and learn about ways to improve systems.

Objective:

- Learn basics of Anti-Ableism focused Anti-Oppression and disability movements in MINNESOTA.
- Review how to build structures, organizational cultures, and policies of anti-oppression, whether we have access to agency change or not.
- Offer resources and information for partnering with anti-oppression communities and address personal, professional and consumer internalized oppression.

Audience Level: Basic

Room: McDonnell - B

Date: Tuesday, June 21

Time: 3:15 - 4:30 p.m.

How to Build Wheelchair Ramps & Low-rise Steps

Lead Speaker: Tim McCarthy, Director

Organization: Lakes Area Interfaith Caregivers

Description: Volunteering in community projects is an excellent way for any organization to help people in your community, build a stronger community and feel good about yourself. Gain some ideas and expertise in planning a ramp or stair project in your community. Learn how to coordinate a volunteer project, construct ramps and low-rise steps while meeting building code. Models of ramps, written instructions and a video presentation will give you the ability to construct your own .

Objective:

- Provide steps, knowledge and handouts to build a ramp. This presentation assures your assistance by phone, or in person, when building a ramp.
- Review ideas on how this can be a “fun” project for volunteers or others to help a person in need!

Audience Level: Basic

Room: North Lobby

Date: Tuesday, June 21

Time: 3:15 - 4:30 p.m.

Providing Wrap Around Service through Collaboration of Adult Day Services, Home Care, Hospice and Volunteer Programs

Lead Speaker: Lynn Buckley, LPN, Caring Connection Adult Day Health Program Coordinator/ MADSA President

Organization: Minnesota Adult Day Services Association (MADSA)

Additional Speakers: Laura Philbrock RN-BSN

Description: Session will discuss ways that collaboration between Adult Day Services, Home Care, Hospice and Volunteer Programs can provide a wrap around service for persons wishing to remain in an independent living arrangement and also their caregivers. This collaboration would also allow providers to offer more comprehensive services for people with life limiting illnesses and their families -- promoting dignity and choice for families across the state

Objective:

- Review benefits to Adult Day partnerships.
- Identify ways to partner with an Adult Day Program.
- Discuss Partnership in Practice.

Audience Level: Intermediate - Knowledge of Hospice/Palliative Care and Adult Day Services.

Room: Riverview - A

Date: Tuesday, June 21

Time: 3:15 - 4:30 p.m.

Living Forward - Building Your Best Life

Lead Speaker: Sheri Melander-Smith, Disability Advocate

Additional Speakers: Dr. Sharon Bertrand

Description: Sheri Melander-Smith was born with a childhood disability. Sheri overcame this to become a Ford NY model and actress. The disability has since come back and she is a current wheelchair user. Dr. Sharon Bertrand was a hospital administrator when she was first diagnosed with MS. After making life affirming changes, she has been symptom free since 2005. Sheri and Sharon will share their personal stories and the methods they used to heal themselves back into life. They will also be presenting a tool to assist anyone in overcoming a disability or chronic illness.

Audience Level: Basic

Room: Riverview - B

Date: Tuesday, June 21

Time: 3:15 - 4:30 p.m.

Changing Expectations for a Meaningful Life – Housing Access Services for People with Disabilities

Lead Speaker: Melanie Fry, Policy Consultant

Organization: Minnesota Department of Human Services, Disability Services

Additional Speakers: Andrea Zuber, Ramsey County Community Human Services, Disability Services Manager; Scott Schifsky, ARC of Minnesota, Director of Housing

Description: People with disabilities born since the passage of the Americans with Disabilities Act are now in their early 20's. Decades of mainstream education, curb cuts and the protections of civil rights laws have changed expectations of many people with disabilities and their families. The partnership of The Arc of Minnesota and the MN Department of Human Services Disability Services Division has demonstrated what it takes to help people with disabilities move into homes of their own. Over 170 participants of the Housing Access Services demonstration project have moved: • See the video of their stories

Objective:

- View the video of participant stories.
- Hear what it took from the service providers who made it work.
- Learn how counties helped make this project happen.
- Share your ideas on the plan to build the lessons of the demonstration project into a new vibrant service for Minnesotans with disabilities across age and diagnoses.

Audience Level: Basic

Room: Riverview - C

Date: Tuesday, June 21

Time: 3:15 - 4:30 p.m.

PCA Reform: Progress and Outcomes

Lead Speaker: Barbara Skoglund, State Program Administrator Principal

Organization: Minnesota Department of Human Services, Disability Services Division

Description: The 2009 Minnesota Legislature passed monumental changes to PCA services for people on Medical Assistance. More changes followed in 2010 and 2011. These changes rolled out over the past two years. Where are we now? We will cover the outcomes of the reform effort and discuss the Phase II changes that began May 2011.

Objective:

- Review the goals of the 2009, 2010 and 2011 legislative changes to PCA services.
- Learn the current status of PCA reform implementation, outcomes of PCA reform and the PCA reform Phase II implementation plan.

Audience Level: Intermediate - Participant should have basic knowledge of Minnesota's PCA service for people on Medical Assistance. This presentation will not cover PCA service basics.

Room: Riverview - D

Date: Tuesday, June 21

Time: 3:15 - 4:30 p.m.

Self-Directed Services: A Solid Strategy for Community Living

Lead Speaker: Jane Vujovich, Project Manager /Strategic Planner

Organization: Minnesota Department of Human Services

Additional Speakers: Elaine Spaine, Project Coordinator, Minnesota River Area Agency on Aging;
Christine Loose, Support Planner/Trainer

Description: Increasing numbers of older adults, family caregivers, and veterans are using self-directed services to live in the community. Under this model, people have choice and control over the care and support they receive. Join this session to learn about simple ways to talk about the option, how people use it, tips to overcome barriers, and important tools and resources. And, don't miss hearing about the new Veteran Directed-Home and Community Based Services option.

Objective:

- Learn about self-directed services are being used with various funding streams.
- Learn how to effectively talk about self-directed services so more people will use it.
- Learn how participants are using the model to stay living in the community.

Audience Level: Basic

Room: Riverview - E